

Common *mild* allergen guide

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	CONTAINS DAIRY	CONTAINS ONIONS	CONTAINS GARLIC	CONTAINS SHELLFISH	CONTAINS FISH	CONTAINS PEANUTS	CONTAINS TREE NUTS	CONTAINS EGGS	CONTAINS SOY	CONTAINS GLUTEN	VEGETARIAN ITEM
<i>Share</i>											
CASHEW CHILI CHICKEN	✓	✓	✓				✓* NO CASHEWS	✓	✓	✓	
TUNA SUSHI STACK	✓	✓	✓	✓* NO PRAWN CRACKERS	✓	✓* FURIKAKE MAY CONTAIN		✓* FURIKAKE MAY CONTAIN	✓	✓	
TRUFFLE PARM FRIES	✓	✓* NO CHIVES	✓* NO AIOLI					✓* NO AIOLI	✓* FRIES MAY CONTAIN	✓* PARMESAN MAY CONTAIN	✓
POTSTICKERS		✓	✓					✓	✓	✓	
TINY TUNA TACOS		✓* NO PONZU OR GUACAMOLE	✓* NO PONZU OR SHANGHAI		✓			✓* WONTON SHELL MAY CONTAIN	✓* NO PONZU OR SHANGHAI	✓	
CALAMARI & SHRIMP	✓	✓	✓	✓				✓		✓	
ROASTED TOMATOES & WHIPPED FETA	✓	✓* NO CHIVES	✓* NO GARLIC			✓* BREAD MAY CONTAIN	✓* BREAD MAY CONTAIN	✓* BREAD MAY CONTAIN		✓* NO BREAD, SUB CRACKERS	✓
DRY RIBS	✓* NO BREADING	✓* NO BREADING	✓* NO BREADING					✓* NO BREADING	✓* NO BREADING	✓* NO BREADING, COOKED IN FRYER THAT CONTAINS GLUTEN	
SMASHED AVOCADO DIP		✓								✓* CHIPS COOKED IN FRYER THAT CONTAINS GLUTEN	✓
1LB CHICKEN WINGS	✓* NO RANCH	✓	✓					✓* NO RANCH	✓* NO RANCH	✓	
CASHEW CHICKEN LETTUCE WRAPS	✓	✓	✓				✓* NO CASHEWS	✓	✓	✓	✓* NO CHICKEN
NACHOS	✓	✓								✓* CHIPS COOKED IN FRYER THAT CONTAINS GLUTEN	✓

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Sushi + Raw (varies by location)											
SPICY TUNA DYNAMITE ROLL		✓	✓	✓	✓				✓	✓	
SALMON & PRAWN ABURI OSHI				✓	✓			✓	✓	✓	
MISO TUNA CRISPY RICE					✓			✓	✓	✓	
Soup & Salads											
FEATURE SOUP SEASONAL ROTATING- ASK YOUR SERVER FOR DETAILS	✓* NO BAGUETTE SOUP VARIES	* SOUP VARIES	✓* NO BAGUETTE SOUP VARIES	* SOUP VARIES	* SOUP VARIES	* SOUP VARIES	✓* BAGUETTE MAY CONTAIN SOUP VARIES	✓* BAGUETTE MAY CONTAIN SOUP VARIES	✓* BAGUETTE MAY CONTAIN SOUP VARIES	* SOUP VARIES	* SOUP VARIES
BOSTON CLAM CHOWDER	✓	✓	✓	✓						✓	
CAESAR SALAD	✓	✓	✓		✓* NO DRESSING	✓* CROUTONS MAY CONTAIN	✓* CROUTONS & BAGUETTE MAY CONTAIN	✓* NO DRESSING BAGUETTE MAY CONTAIN	✓* BAGUETTE MAY CONTAIN	✓* NO BAGUETTE OR CROUTONS	
SUPER GREENS SALAD	✓* NO CHEESE	✓	✓							✓* NO SALAD CRUNCH	✓
AVOCADO & BACON COBB SALAD	✓	✓	✓					NO EGG OR RANCH ✓*	NO CROUTON OR RANCH ✓*	NO CROUTONS ✓*	
SOUP, SALAD & BREAD (AVAILABLE AT SELECT LOCATIONS)	✓* SOUP VARIES	✓* SOUP VARIES	✓* SOUP VARIES	* SOUP VARIES	✓* NO DRESSING SOUP VARIES	* SOUP VARIES	✓* BAGUETTE MAY CONTAIN SOUP VARIES	✓* NO DRESSING BAGUETTE MAY CONTAIN SOUP VARIES	✓* NO CROUTONS BAGUETTE MAY CONTAIN SOUP VARIES	✓	* SOUP VARIES
THAI CHICKEN SALAD			✓				NO DRESSING OR CASHEWS ✓*		✓	✓	NO CHICKEN ✓*
CHIMICHURRI STEAK SALAD	✓* NO CROSTINIS OR CHEESE	✓* NO ONION	✓	✓* NO DRESSING			✓* CROSTINIS MAY CONTAIN	✓* CROSTINIS MAY CONTAIN		✓* NO CROSTINIS	
CRISPY BEET SALAD	✓	✓					✓* NO CANDIED PECANS	✓* NO CANDIED PECANS		✓* CRISPY BEETS COOKED IN FRYER THAT CONTAINS GLUTEN	✓

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Steaks (also see sides)											
STEAK FRITES	✓* NO CHEESE OR GARLIC BUTTER	✓* NO DRESSING	✓						✓* NO GARLIC BUTTER, FRIES MAY CONTAIN		
SIRLOIN	✓* NO GARLIC BUTTER		✓* NO GARLIC BUTTER						✓* NO GARLIC BUTTER		
MUSHROOM SIRLOIN	✓	✓	✓						✓* NO GARLIC BUTTER	✓	
NEW YORK	✓* NO GARLIC BUTTER		✓* NO GARLIC BUTTER						✓* NO GARLIC BUTTER		
RIB EYE	✓* NO GARLIC BUTTER		✓* NO GARLIC BUTTER						✓* NO GARLIC BUTTER		
TENDERLOIN	✓* NO GARLIC BUTTER NO DEMI	✓* NO DEMI	✓* NO GARLIC BUTTER NO DEMI						✓* NO GARLIC BUTTER NO DEMI	✓* NO DEMI	
Mains (also see sides)											
BLACKENED MAHI MAHI	✓* NO POTATOES	✓	✓		✓						
LEMON BASIL SALMON	✓* NO SAUCE	✓* NO SAUCE OR ANCIENT GRAINS	✓* NO ANCIENT GRAINS		✓				✓* NO SAUCE	✓* NO SAUCE OR ANCIENT GRAINS	
CHIPOTLE MANGO CHICKEN	✓* NO GARLIC BUTTER	✓	✓			✓* SAUCE MAY CONTAIN	✓* SAUCE MAY CONTAIN		✓	✓* NO ANCIENT GRAINS	
BABY BACK RIBS		✓	✓								

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<i>Pastas & Bowls</i>											
VEGETARIAN POWER BOWL			✓* NO SAUCE NO TOFU					✓* NO EGG	✓* NO SAUCES, TOFU, EDAMAME OR MUSHROOMS	✓* NO SHANGHAI SAUCE OR YABUKI MUSHROOMS	✓
CHICKEN ZEN RICE BOWL			✓* NO SAUCE						✓* NO SAUCE OR CHICKEN	✓* NO SHANGHAI SAUCE	
MUSHROOM ZEN RICE BOWL		✓	✓* NO SAUCE						✓* NO SAUCE OR CHICKEN	✓* NO SHANGHAI SAUCE/ MUSHROOM PROTEIN MAY CONTAIN	✓
CHICKEN MADEIRA RIGATONI	✓	✓	✓				✓* BAGUETTE MAY CONTAIN	✓* BAGUETTE MAY CONTAIN	✓	✓	
CHICKEN ALFREDO	✓	✓	✓				✓* BAGUETTE MAY CONTAIN	✓* BAGUETTE MAY CONTAIN	✓	✓	
BEEF VINDALOO	✓	✓	✓			✓* SAUCE MAY CONTAIN		✓* NO NAAN	✓	✓* NO NAAN	
TUNA POKE BOWL		✓* NO CHILI PONZU	✓* NO SAUCE		✓			✓* NO EGG	✓* NO SAUCES, EDAMAME OR MUSHROOMS	✓* NO SHANGHAI SAUCE/ MUSHROOM PROTEIN MAY CONTAIN	
PRAWN THAI CURRY LAKSA		✓	✓	✓	✓* NO FISH SAUCE				✓		
TOFU THAI CURRY LAKSA		✓	✓						✓		✓
PORK BELLY MISO RAMEN		✓	✓					✓	✓	✓	✓* VEG OPTION

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<i>Handhelds</i> (also see sides)											
BLACKENED CHICKEN BURGER	✓* NO BUN OR CHEESE	✓	✓				✓* BUN MAY CONTAIN	✓* NO BUN OR GARLIC MAYO	✓	✓* SUB GLUTEN-FREE OR LETTUCE BUN	✓
BEYOND MEAT BURGER	✓* NO BUN OR CHEESE	✓* NO ONION	✓* NO SAUCE				✓* BUN MAY CONTAIN	✓* NO BUN	✓* BUN MAY CONTAIN	✓* SUB GLUTEN-FREE OR LETTUCE BUN	
CHEESEBURGER	✓* NO BUN OR CHEESE, BURGER PATTY MAY CONTAIN	✓* NO ONION	✓* NO SAUCE				✓* BUN & BURGER PATTY MAY CONTAIN	✓* NO BUN BURGER PATTY MAY CONTAIN	✓* BUN & BURGER PATTY MAY CONTAIN	✓* SUB GLUTEN-FREE OR LETTUCE BUN	
BACON CHEESEBURGER	✓* NO BUN OR CHEESE, BURGER PATTY MAY CONTAIN	✓* NO ONION	✓* NO SAUCE				✓* BUN & BURGER PATTY MAY CONTAIN	✓* NO BUN BURGER PATTY MAY CONTAIN	✓* BUN & BURGER PATTY MAY CONTAIN	✓* SUB GLUTEN-FREE OR LETTUCE BUN	
THE LOADED CHEESEBURGER	✓* NO BUN OR CHEESE, BURGER PATTY MAY CONTAIN	✓* NO ONION	✓* NO SAUCE				✓* BUN & BURGER PATTY MAY CONTAIN	✓* NO BUN BURGER PATTY MAY CONTAIN	✓* BUN & BURGER PATTY MAY CONTAIN	✓* SUB GLUTEN-FREE OR LETTUCE BUN	
BLACKENED SHRIMP TACOS	✓* NO JALAPEÑO LIME SAUCE	✓	✓	✓					✓* NO SPICY MAYO	✓* SUB LETTUCE CUP / TAJIN STRIPS COOKED IN FRYER THAT CONTAINS GLUTEN	
BLACK BEAN TACOS		✓	✓						✓	✓* SUB LETTUCE CUP / TAJIN STRIPS COOKED IN FRYER THAT CONTAINS GLUTEN	✓
SHORT RIB BEEF DIP	✓	✓	✓			✓* BREAD MAY CONTAIN	✓* BREAD MAY CONTAIN	✓* BREAD MAY CONTAIN	✓	✓	
CHICKEN TENDERS	✓	✓	✓					✓	✓	✓	✓* VEG OPTION
CRISPY CHICKEN SANDWICH	✓	✓	✓				✓* BUN MAY CONTAIN	✓	✓	✓	

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<i>Kids' menu</i> (also see sides)											
PASTA	✓	✓	✓				✓ * BAGUETTE MAY CONTAIN	✓ * BAGUETTE MAY CONTAIN	✓ * NO GARLIC BUTTER BAGUETTE MAY CONTAIN	✓	✓
CHEESEBURGER	✓ * NO CHEESE, BUN MAY CONTAIN	✓ * NO SAUCE	✓ * NO SAUCE				✓ * BURGER PATTY MAY CONTAIN	✓ * BUN & BURGER PATTY MAY CONTAIN	✓ * BUN & BURGER PATTY MAY CONTAIN	✓ * SUB GLUTEN-FREE OR LETTUCE BUN	
CHICKEN FINGERS	✓	✓	✓					✓	✓	✓	
PIZZA	✓	✓	✓					✓ * DOUGH MAY CONTAIN		✓	
GRILLED CHICKEN	✓ * NO GARLIC BUTTER		✓ * NO GARLIC BUTTER						✓		
PAN SEARED SALMON					✓						
<i>Desserts</i> (seasonal availability)											
WHITE CHOCOLATE BROWNIE	✓					✓ * BROWNIE & ICE CREAM MAY CONTAIN	✓ * BROWNIE & ICE CREAM MAY CONTAIN	✓	✓	✓	✓
KEY LIME PIE	✓						✓	✓	✓	✓	✓
DARK CHOCOLATE TORTE	✓					✓ * WHITE CHOCO- LATE & COCOA MAY CONTAIN	✓ * WHITE CHOCO- LATE & COCOA MAY CONTAIN	✓	✓ * WHITE CHOCO- LATE & COCOA MAY CONTAIN		✓
STICKY TOFFEE PUDDING	✓					✓ * ICE CREAM MAY CONTAIN	✓ * NO PECANS, ICE CREAM MAY CONTAIN	✓	✓ * ICE CREAM MAY CONTAIN	✓	✓
MILE HIGH MOCHA PIE	✓					✓ * ICE CREAM MAY CONTAIN	✓	✓ * ICE CREAM MAY CONTAIN	✓	✓	✓
CHURRO ICE CREAM SANDWICH	✓					✓ * ICE CREAM MAY CONTAIN	✓ * ICE CREAM MAY CONTAIN	✓	✓ * ICE CREAM MAY CONTAIN	✓	✓
KIDS DESSERT	✓					✓ * ICE CREAM MAY CONTAIN	✓ * ICE CREAM MAY CONTAIN	✓ * ICE CREAM MAY CONTAIN	✓	✓	✓

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<i>Additions</i>											
FRIES & GARLIC DIP	✓* NO DIP	✓* NO DIP	✓* NO DIP					✓* NO DIP	✓* FRIES MAY CONTAIN	✓	✓
SWEET POTATO FRIES & GARLIC DIP	✓* NO DIP	✓* NO DIP	✓* NO DIP					✓* NO DIP	✓* FRIES MAY CONTAIN	✓	
BUTTERED MASHED POTATOES	✓									✓	
GRILLED PRAWN SKEWER	✓* NO GARLIC BUTTER		✓* NO GARLIC OR GARLIC BUTTER	✓					✓* NO GARLIC BUTTER		
PEPPERCORN CREAM SAUCE	✓	✓	✓						✓		
SIDE CAESAR SALAD	✓	✓	✓		✓* NO DRESSING	✓* CROUTONS MAY CONTAIN	✓* CROUTONS MAY CONTAIN	✓* NO DRESSING CROUTONS MAY CONTAIN			
SIDE SUPER GREENS SALAD	✓* NO CHEESE	✓	✓							✓	
JASMINE RICE										✓	
BLUE CHEESE BUTTER	✓	✓	✓							✓	
NAAN BREAD	✓							✓	✓* MAY CONTAIN	✓	
FRESH SEASONAL VEGETABLES SEASONAL ROTATING- ASK YOUR SERVER FOR DETAILS	✓* NO GARLIC BUTTER		✓* NO GARLIC BUTTER						✓* NO GARLIC BUTTER	* VEGETABLES VARIES	

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<i>Features</i>											
PONZU CRUNCH SALAD		✓* NO PICKLED ONIONS			✓* NO TUNA				✓	✓	✓* PESCATARIAN

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